

PLAN YOUR VISIT

UP TO 30 MINUTES VISIT – CHOOSE FROM

- Pick up *A Handbook for Living Art* from Gallery Reception
- Spend time with a new friend, find an artwork in the collection you’ve not noticed before, learn their story using the Smartify app, make their acquaintance by drawing their portrait (notice their character, colours, lines and curves).
- Explore the Mezzanine Gallery.
- Take a walk outside, around the UEA Broad, soaking in the views of our beautiful Sculpture Park and discover artworks by Henry Moore, Anthony Caro, Leiko Ikemura and many more.

1–2 HOUR VISIT (MORNING) – CHOOSE FROM

- Explore our current season of exhibitions across the museum. Ask about morning tours at Gallery Reception.
- Go on a self-guided Living Art audio tour using the Smartify app.
- Enjoy a drink or light snack at the Terrace Cafe.

1–2 HOUR VISIT (AFTERNOON) – CHOOSE FROM

- Explore our current season of exhibitions across the Sainsbury Centre. Check our website or ask our friendly Front of House team to find out what’s on.
- Join the free guided tour of the Living Area at 2pm for a deeper exploration of the permanent collection.
- Explore the Living Art and Sharing Stories audio tours using the Smartify App.
- Pick up the headphones in the Living Area and listen to SoundEscapes, a new interactive experience you won’t want to miss.
- Have a delicious lunch at the Modern Life Cafe.

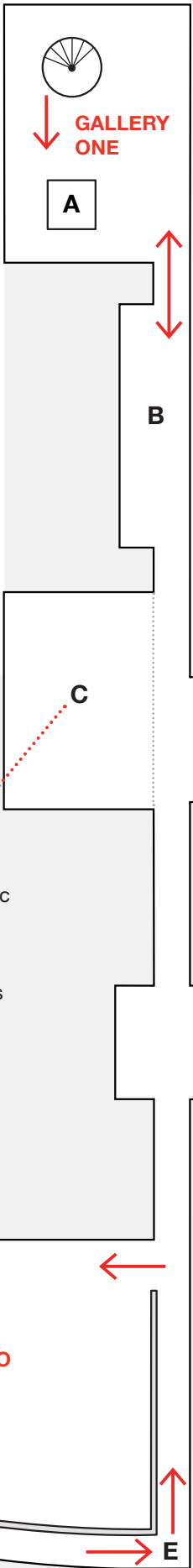
OPENING HOURS

Tuesday–Friday, 9am–6pm (exhibitions open 9.30am)
Saturday–Sunday, 10am–5pm
Closed Mondays, including bank holidays.

LOWER FLOOR

- A** Lift from Ground Floor
- B** Link Corridor
- C** Learning Studio
- D** Toilets
- E** Emergency Exit
- F** Schools Entrance

STAIRS FROM
GROUND FLOOR



VISITOR INFORMATION

Visit sainsburycentre.ac.uk for more details

PAY IF AND WHAT YOU CAN

Enjoy unlimited access to the entire Centre at a price of your choice.

SHOP, THE TERRACE CAFE AND MODERN LIFE CAFE

Open Tuesday–Sunday

SCULPTURE PARK

Pick up a trail map or a family pocket map from Gallery Reception.

TOURS

Free guided tours run Tuesday – Sunday, 11am and 2pm for the permanent collection. Ask at Gallery Reception about exhibition tours on the day.

BECOME A MEMBER

Experience more from the Sainsbury Centre by becoming a Member. Membership starts from just £45 and includes exclusive preview events, free exhibition entry and discounts.

SUPPORT US MORE

Interested in supporting the exhibitions and projects at the Sainsbury Centre? Contact sc.development@uea.ac.uk.

ACCESS

There is level access on the ground floor to our collection, cafes, shop, and accessible toilets. Other areas are accessible by lift. A changing places toilet is also available on UEA campus. Please ask at Gallery Reception for access. Sensory Bags, packed with tools and toys for young people who require sensory support, are available on request from the Gallery Reception.

SECURITY

CCTV is in operation daily.

CONNECT WITH US

Find us on social media.



Photo Credit: Henry Moore, *Mother and Child*, 1932, Hornton stone. © Henry Moore. All rights reserved.
Photo by Kate Wolstenholme

JOIN OUR
WI-FI

Visitors can make use of 'The Cloud' Wi-Fi by signing up for an account. Connect to 'The Cloud' in your Wi-Fi settings available network list and follow the instructions. If you are a UK university student or staff you can also use Eduroam.



Our living art tends to wander around the Sainsbury Centre or go out into other galleries across the world. For the most up-date information, check our digital map on Smartify.

Delve further into life stories of amazing artworks. Our artwork recognition feature allows you to scan artworks using your phone to access their life stories. Just click 'scan' and hold up your phone to an artwork to begin.

LISTEN TO AN AUDIO TOUR

Immerse yourself in our captivating Living Art and Sharing Stories audio tours, highlighting some of the most unique life stories in this global collection.

SCAN AN ARTWORK

Download the free Smartify app at smartify.org or scan the QR code.

Explore the Sainsbury Centre with your smartphone on Smartify. Discover new ways to meet the living art in our collection and connect with your favourite artworks.

FIND US ON SMARTIFY



SMARTIFY Interactive audio tours

SAINSBURY
CENTRE

Living Art Sharing Stories

ART
LANDSCAPE
MAP

WELCOME TO THE SAINSBURY CENTRE

Welcome to our world-class art museum, where we take a unique perspective on Living Art.



We want you to build relationships with the objects. Allow yourself to connect with art - it might just help you to reframe and answer some of the most important and challenging questions you face. You're invited to go on an emotional journey at the Sainsbury Centre. Fall in love with artworks; reconnect with others like old friends; feel confronted by paint and comforted by stone sculptures. We hope you enjoy your journey. Wander through the gallery spaces in any way you choose - there's no right or wrong way to engage with art.

Jago Cooper, Executive Director

GROUND FLOOR AND MEZZANINE

- A

Lift to Lower Floor
- B

Toilets
- C

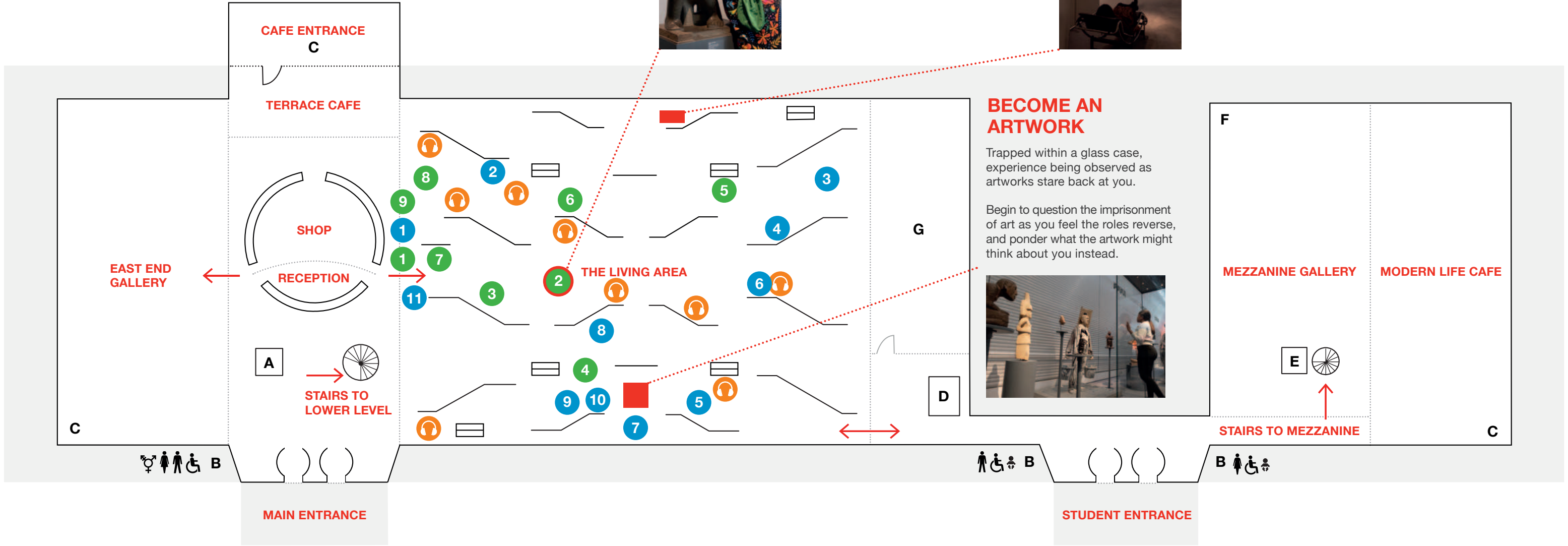
Emergency Exit
- D

Security Desk
- E

Lift to Mezzanine Gallery
- F

Emergency Lift and Exit
- G

Sainsbury Research Unit Library (reference purposes only)



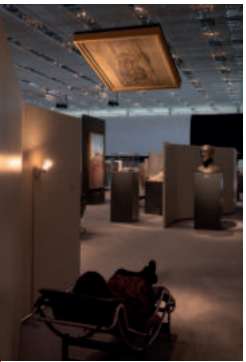
HENRY MOORE
MOTHER AND CHILD

Form relationships with art by hugging Henry Moore's *Mother and Child* sculpture, embrace her and hug her.



ALBERTO GIACOMETTI
DIEGO SEATED

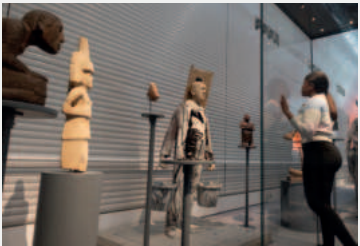
Recline underneath Alberto Giacometti's painting *Diego Seated* and tell the work a secret you wouldn't tell anyone else.



BECOME AN
ARTWORK

Trapped within a glass case, experience being observed as artworks stare back at you.

Begin to question the imprisonment of art as you feel the roles reverse, and ponder what the artwork might think about you instead.



LIVING ART EXPERIENCE

A new project connecting art and music aims to help bring our world-class art museum's collection to life. In this collaboration between the Sainsbury Centre and Sound and Music entitled SoundEscapes, ten of the UK's most exciting composers have been invited to create a new composition that can help capture the essence of a work of art in the Centre's collection.

With artworks spanning 6,000 years up to the present day, and including all mediums, the collection is one of the finest in the UK and a celebration of the power of human creativity.

At the Sainsbury Centre, we believe that art is alive. *Living Art* will invite you to meet art in creative and explorative ways unlike anything you've experienced in a museum before. You will be invited to touch an artwork, listen to it, move with it, and forge relationships with it which transcend time.

1 Introduction



2 Henry Moore, *Mother and Child*
UK
© Reproduced by permission of the Henry Moore Foundation



3 Flute (*Nguru*)
New Zealand



4 Daniel Harvey, *Slate Bust*
UK
© Dan Harvey
Returns October 2026



5 Francis Bacon, *Study for Portrait of P.L. No. 2*
UK
© The Estate of Francis Bacon.
All rights reserved.
DACS 2023



6 Dancing female tomb figures
China



7 Reliquary guardian head (*Añgokh-Nlô-Byeri*)
Gabon



8 Julian Stair, *Monumental Jar VIII*
UK
© Julian Stair

9 Ending



SHARING STORIES EXPERIENCE

Sharing Stories will reveal the complex and intimate relationships humans all over the world have with art, and help us to form our own. Hear from practitioners, specialists and those with lived experience, and choose your own adventure on this innovative audio tour.

1 Introduction



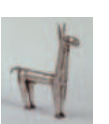
2 Yinka Shonibare CBE, *Hybrid Mask (Baule/Yaure)*
UK
© Courtesy the artist and Stephen Friedman Gallery, London.
Photographer: Stephen White & Co.



3 Leiko Ikemura, *White Figure with Blue Miko*
Germany
© Courtesy the artist



4 Amedeo Modigliani, *Head of a Woman (Anna Zborowska)*
France



5 Llama Effigy
Peru



6 Leonora Carrington, *Old Maids*
Mexico
© Estate of Leonora Carrington/ARS, NY and DACS, London 2023



7 John Davies, *Bucket Man*
UK
© John Davies



8 Hunting Snow Goggles or Maskette
Alaska



9 Lucie Rie, *Cache-pot*
UK
© Estate of the Artist



10 Ro Robertson, *Stack (Body Set in Motion)*
UK
© Courtesy the artist and Maximilian William, London



11 Male figure ('Fishermen's god')
Rarotonga, Cook Islands

